



Brain Neuro Transmitter QUIZ:

THE AGE PRINT OF THE BRAIN

Scoring:

Give yourself 1 for every true (T) response. Then total your points at the end of each section. Add a 0 to your total score: This is your age print for that biological system.

Acetylcholine: Brain Cognition

1. My friend had told me that and becoming absent-minded T/F
2. I have experienced hair loss T/F
3. My ability to remember faces has decreased T/F
4. I need to write down even the simplest list directions or instructions T/F
5. My ability to recall numbers has decreased T/F
6. Memory has decreased T/F
7. My management skills have decreased T/F
8. I do not feel like my brain is working well T/F
9. Alzheimer's and/or dementia runs in the family T/F
10. I often forget where it put important things, like keys or prescription medicines T/F

Number of true responses: _____; add 0 to number= **Acetylcholine** age code: _____